

# Fiona Gispen, MD, MS

## EDUCATION

8/12-6/16	<b>Johns Hopkins University School of Medicine</b> Doctor of Medicine	Baltimore, MD
9/10-6/12	<b>Stanford University</b> Master of Science, Management Science and Engineering Concentration in Strategy and Policy	Stanford, CA
9/05-6/09	<b>Stanford University</b> Bachelor of Arts, Human Biology with distinction Minor in Economics <i>Phi Beta Kappa 2009</i> <i>Joshua Lederberg Award for Academic Excellence (top 5 students in Human Biology)</i> <i>J.E. Wallace Sterling Award for Scholastic Achievement (top 25 students in graduating class)</i>	Stanford, CA

## POST-GRADUATE MEDICAL TRAINING

7/22- 1/25	<b>New York Presbyterian Hospital, Weill Cornell</b> Fellow in Infectious Diseases Clinical and Translational Science Center Coursework	New York, NY
1/18-6/20	<b>Massachusetts General Hospital</b> Internship and Residency, Department of Medicine Primary Care Track	Boston, MA
6/16-12/17	<b>Massachusetts General Hospital and McLean Hospital</b> Internship and Residency, Department of Psychiatry Completed 1.5 years before switching to internal medicine	Boston, MA

## GRANTS AND ADDITIONAL TRAINING

7/23- present	<b>T32 Training Grant Fellow</b> Weill Cornell Medical College, 2023-2026 Research at the intersection of addiction and infectious disease.	New York, NY
8/25- present	<b>Dalio Center for Health Justice Grant</b> New York Presbyterian Hospital Research in inpatient hepatitis C delivery	New York, NY
7/24- 7/25	<b>CHERISH Center Pilot Grant</b> <i>Center for Health Economics of Treatment Interventions for Substance Use Disorders, HCV, and HIV (CHERISH)</i> . Using Medicaid claims data to characterize antibiotic treatment strategies for infective endocarditis in people who use drugs.	New York, NY
7/24- 7/25	<b>Quality Improvement Academy, Weill Cornell Medicine</b> Comprehensive training program in quality improvement. Project focused on initiating inpatient hepatitis C treatment, with mentorship by quality and patient safety hospital leadership.	New York, NY

## WORK EXPERIENCE

1/25-present	<b>Weill Cornell Medical College</b> <i>Instructor in Medicine, Division of Infectious Diseases</i> Primary care provider for people living with HIV, academic researcher.	New York, NY
1/25-present	<b>New York Presbyterian Hospital</b> <i>Assistant Attending, Division of Infectious Diseases</i>	New York, NY
8/20-7/22	<b>Vanderbilt University Medical Center</b> <i>Assistant Professor of Clinical Medicine</i> Hospitalist in the Division of General Internal Medicine. Backup at the Vanderbilt Bridge Clinic, intermittently filled in an addiction medicine provider.	Nashville, TN
12/18-present	<b>Loftie</b> <i>Medical Advisor</i>	New York, NY

Fourth employee at startup focused on decreasing smartphone use and improving sleep. Role includes literature review, translating scientific findings into information for the public, acting as medical expert, and input on product design and functionality.

1/16-4/16      **1 DocWay (Genoa) Telepsychiatry**      New York, NY  
*Independent Consultant*  
Worked with product development, marketing, strategic physician engagement teams to provide physician perspective. Coded startup's first clinic/psychiatrist matching algorithm, built first marketing/informational videos.

### **TEACHING EXPERIENCE**

9/18-5/19      **Massachusetts General Hospital**      Boston, MA  
*MGH Resident Handbook Section Editor, Psychiatry and Substance Use Disorders*

9/10-12/10      **Stanford University**      Stanford, CA  
*Teaching Assistant: Economics 102A (Intro to Calculus-Based Statistical Methods)*

8/09-6/10      **Stanford University**      Stanford, CA  
*Course Associate: B-Side, Program in Human Biology*  
Full-time position working with three other Course Associates to teach core material (evolution, social theory, psychology, policy, economics) to 250 students. 5 sections per week.

### **RESEARCH EXPERIENCE**

7/23-present      **Department of Population Health Sciences, Weill Cornell School of Medicine**      New York, NY  
Using Medicaid claims data and R statistical software to characterize antibiotic treatment strategies for infections in people who use drugs. Working with Shashi Kapadia, MD.

6/21-6/23      **Departments of Psychiatry and Internal Medicine, Vanderbilt Medical Center**      Nashville, TN  
Worked with infectious disease and addiction psychiatry providers to characterize the hepatitis C cascade of care in the Vanderbilt Bridge Clinic.

1/15-6/16      **Women's Mood Disorders Center, Johns Hopkins School of Medicine**      Baltimore, MD  
Used Stata statistical software to analyze research group's dataset of peripartum hormones, cytokines, depressive indices. Worked with Lauren Osborne, MD and Jennifer Payne, MD

5/13-9/14      **Center on Aging and Health, Johns Hopkins University**      Baltimore, MD  
Used Stata statistical software and the CDC's National Health and Nutrition Examination Survey to address research question related to hearing loss and physical activity in older adults. Worked with Frank Lin, MD, PhD

### **COMMUNITY INVOLVEMENT**

6/16- 6/20      **Massachusetts General + Newton Wellesley Hospitals**      Boston, MA  
*Volunteer Yoga Instructor*

12/12-5/16      **Hopkins Association of People Practicing Yoga**      Baltimore, MD  
*President and Yoga Instructor*

1/13-3/14      **Wolfe Street Academy**      Baltimore, MD  
*President of Johns Hopkins Tutoring Program*

5/11-9/11      **Yealem Birhan School**      Addis Ababa, Ethiopia  
First teacher hired by Austrian nonprofit Tesfaye (now MyHope). Designed framework to teach English to over 100 children ages 4-18. Taught 3 classes per day.

### **PUBLICATIONS**

**Gispen FE**, Kapadia S, Karan K, Bao Y, Levander XA, Werthington E, Korhuis T, Eckhardt B. Antibiotic Fills and Readmissions After Patient-Directed Discharge in Drug Use-Associated Endocarditis: A National Medicaid Study. *IDWeek 2025*; 2025 October 21; Atlanta, GA. *Open Forum Infectious Diseases*; c2026.

**Gispen F**, Luetkemeyer AF, Marks KM. [Hepatitis B virus vaccination in people with HIV: what's new?](#). *Curr Opin HIV AIDS*. 2026 Mar 1;21(2):133-139. doi: 10.1097/COH.0000000000001001. Epub 2025 Dec 5. Review. PubMed PMID: 41353569.

**Gispén F**, Marks KM. Update on Vaccination Recommendations for Adults with HIV. *Curr HIV/AIDS Rep.* 2025;22(1):17. doi: 10.1007/s11904-025-00731-6.

Chirunomula S, Muscarella A, Whelchel K, **Gispén F**, Marcovitz D, White K, Chastain C. Hepatitis C Cascade of Care in a Multidisciplinary Substance Use Bridge Clinic Model in Tennessee. *Open Forum Infectious Diseases*, Volume 11, Issue 5, May 2024, ofae205, <https://doi.org/10.1093/ofid/ofae205>

**Gispén F**, Praschan N. Chronic Pain Chapter. *Pocket Psychiatry*, by Judith Puckett et al, 1<sup>st</sup> ed, Wolters Kluwer, 2020.

**Gispén F**, Wu, AW. Psychological first aid: CPR for mental health crises in healthcare. *J Patient Safety Risk Mgmt.* 2018; 23(2):51-53.

Osborne L, **Gispén F**, Sanyal A, Yenokyan G, Meilman S, Payne JL. Lower Allopregnanolone during Pregnancy Predicts Postpartum Depression: An Exploratory Study. *Psychoneuroendocrinology.* 2017;79(5):116-121.

Kimmel M, Clive M, **Gispén F**, Guintivano J, Brown T, Cox O, Beckmann MW, Kornhuber J, Fasching PA, Osborne LM, Binder E, Payne JL, Kaminsky Z. Oxytocin receptor DNA methylation in postpartum depression. *Psychoneuroendocrinology.* 2016;69:150-160.

**Gispén FE**, Magid D. Assessing Medical Student Knowledge of Imaging Modality Selection Before and After a General Radiology Elective: A Comparison of MS-IIs, MS-IIIs, and MS-IVs. *Acad Radiol.* 2016;23(5):643-650.

Choi JS, Betz J, Deal J, Contrera KJ, Genter DJ, Chen DS, **Gispén FE**, Lin FR. A Comparison of Self-Report and Audiometric Measures of Hearing and Their Associations With Functional Outcomes in Older Adults. *J Aging Health.* 2016;28(5):890-910.

Osborne L, Clive M, Kimmel M, **Gispén F**, Guintivano J, Brown T, Cox O, Judy J, Meilman S, Braier A, Beckmann MW, Kornhuber J, Fasching PA, Goes F, Payne JL, Binder EB, Kaminsky Z. Replication of Epigenetic Postpartum Depression Biomarkers and Variation with Hormone Levels. *Neuropsychopharmacology.* 2016;41(6):1648-1658.

**Gispén FE**, Chen DS, Genter DJ, Lin FR. Association between hearing impairment and lower levels of physical activity in older adults. *J Am Geriatr Soc.* 2014;62(8):1427-1433.

### **ORAL ABSTRACT PRESENTATIONS**

**Gispén F**, Karan K, Bao Y, Levander X, Werthington E, Korhuis T, Eckhardt B, Kapadia S. Antibiotic Fills & Readmissions after Patient-Directed Discharge in Drug Use-Associated Endocarditis. Presented at IDWeek, Atlanta GA, October 2025.

**Gispén FE**, Boehm C, Singh H, Lee A, Kapadia S. "C"'s the Day: A Quality Improvement Project to Link Inpatients to Hepatitis C Care. Selected Oral Abstract. New York Presbyterian Quality in Care Symposium. 2025 June; New York, NY, USA.

### **POSTER PRESENTATIONS**

**Gispén F**, Kapadia S, Gordon P, Marks K. *C's the Day*: Identifying Opportunities to Improve HCV Treatment Initiation Among Patients Hospitalized at NYP-Weill Cornell. NYP 4<sup>th</sup> Annual Quality Improvement Poster Symposium for Graduate Staff. NYC, NY, 2023.

Simonyan A, Chirunomula S, Whelchel K, **Gispén F**, Marcovitz D, White K, Chastain C. Hepatitis C Cascade of Care in a Multidisciplinary Substance Use Bridge Clinic Model. IDWeek; 2022 October 19; Washington, DC, USA. Open Forum of Infectious Disease; c2022.

Osborne LM, **Gispén FE**, Meilman S, Gocke AR, Tosi DM, & Payne, JL. Increased Inflammatory Markers in Late Pregnancy Depression: The Role of Progesterone and Allopregnanolone. Psychoneuroimmunology Research Society 22<sup>nd</sup> Annual Scientific Meeting, Seattle, WA, 2015.

Osborne LM, **Gispén FE**, Meilman S., & Payne JL. Lower Levels of Allopregnanolone and Progesterone in Pregnancy Predict Postpartum Depression and Anxiety. Society of Biological Psychiatry Annual Meeting. Toronto, Canada, 2015.

**Gispén FE**, Chen DS., Genter DJ, & Lin FR. Association Between Hearing Impairment and Lower Levels of Physical Activity in Older Adults. 8<sup>th</sup> Annual Johns Hopkins Bayview Research Symposium. Baltimore, Maryland, 2013.

**Gispen FE**, Brandeau ML, & Bravata DM. Calorie-Posting Laws: Picking the Right MEAL May Have Weighty Consequences. 31<sup>st</sup> Annual Meeting of the Society for Medical Decision Making. Los Angeles, California, 2009.

### **CERTIFICATIONS AND MEMBERSHIPS**

2024 Board Certified in Infectious Diseases

2024 Member, Infectious Diseases Society of America

2024 Member, HIV Medicine Association

2023 New York State Medical License

2020 Board Certified by the American Board of Internal Medicine

2020 Tennessee State Medical License

2020 DEA License

2019 ACLS Certified

2017 Certified Instructor - Stress Management and Resiliency Training Program, MGH Benson Henry Institute

2010 200-hour Yoga Teacher Training, CorePower Yoga (San Diego, CA)

2010 100-hour Yoga Teacher Training, Bhakti Flow Yoga with Rusty Wells (San Francisco, CA)

### **OTHER SKILLS**

Arts: Aerial silks performer, classical piano

Swimming: Stanford Women's Varsity Swimming 2005-2007

Languages: A2 (advanced beginner) Spanish, B2 (intermediate) German

Computing: Stata, R, Excel, decision analysis, Epic EMR, experienced with AI tools